

SANDESHANUBHUTI

Always strive for innovation. Work is our own identity.
We should always work hard and sincerely for such innovation.
– Bhavarlal H. Jain

Gandhi Jayanti

The 2nd of October is an important day in India as it was on this day that the Father of Nation, Mahatma Gandhi, was born. As soon as we heard that the school was going to Gandhi Udyan in the heart of Jalgaon city to celebrate this year's Gandhi Jayanti, it filled us with great delight and excitement.

The Chief Guest on the occasion was Mr. Sonam Wangchuk, well known for his social service through his organization, The Students' Educational and Cultural Movement of Ladakh (SECMOL). After assembling near the seventeen-storey Corporation building, we started our march towards the Gandhi Udyan. Before the march started we were given placards with inspiring Gandhian slogans. We started the march full of energy and enthusiasm and

continued with the same spirit throughout the programme.

We had hardly taken our places when, to our delight, we were all served fruit juice packs, a product of our own company, Jain Farm Fresh Foods Ltd. There seemed to be thousands of school children from local areas attending the event along with their teachers as well as parents. For better visibility of what was happening on the stage, two giant screens were installed for the crowd. The programme started shortly after our chief guests arrived. Some students from the local colleges were given prizes by Shree Ashok Bhau, Shree Tushar Gandhi and Shree Sonam Wangchuk for their social service work. We could see in their eyes the glint of pride while being awarded accolades by the highly respected

dignitaries. All the Anubhutians along with the students from other local schools were eager to listen to the speeches. The grandson of the Father of the Nation, Mr. Tushar Gandhi, addressed the gathering. He told us how to cultivate the true leadership skills. Mr. Sonam Wangchuk talked about his new project of Ice Stupa built at Leh. We also watched his Rancho's School (of 3 Idiots' fame) in a short video clipping.

The session ended with freshly served Kachoris and Fru2Go. All the teachers and students thanked the organizers for letting us be a part of this grand celebrations. We left Gandhi Udyan with new inspiration and learning.

– Harshil Bothra and
Siddham Katariya, Class 8



Two Distinguished Guests @ Anubhuti

The 25th of November was a significant and memorable day in the life of Anubhutians when two distinguished persons visited the campus and interacted with students and faculty. Here are the two detailed reports by two class 9 students:

SHRI PRAKASH BABA AMTE

The 25th of November brought a big surprise to us when all the Anubhutians were asked to gather in the assembly hall for a special assembly. Everyone was wondering what the assembly will be about and who will be the guest of honour. All the speculations were put to rest when the teacher anchoring the event announced the arrival of the distinguished guest, Padma Shri Prakash Baba Amte along with his wife Shrimati Mandakini Amte and Mr. Krushna Mahadik.

Full of excitement and reverence, students gave a standing ovation as the distinguished guests entered the hall. Nisha Akka and Principal Sir felicitated the guests with a bouquet of flowers. A documentary based on the life and work of Shree Prakash Amte was screened which gave us a comprehensive idea of his invaluable and vital service rendered to the Madia Gond tribal community living in the Gadchiroli district of Maharashtra and the neighbouring states of Telangana and Madhya Pradesh through his organization named Lok Biradari Prakalp. What we

saw in the documentary was so inspiring that it left us in awe of this Magsaysay awardee great man. As soon as the documentary was over, Shri Amteji was invited to address the school. He spoke about the influence of his illustrious father, the late Baba Amte, on him, who inspired him and his wife to sacrifice their successful career as doctors and plunge into the service of the needy in the tribal belt.

Ever since then, Shri Prakash Amte and Shrimati Mandakini Amte have been working to spread education among Madia Gonds and enhance their living standards. Their organization makes available free medical aid to the people. They not only serve the needy people but also the injured and orphaned wild animals who have become part of their household.

While addressing Anubhutians, he impressed upon us the importance of selfless service to society, which brings us true happiness, as opposed to seeking pleasure only in the fulfilment of one's personal ambitions and desires. We all felt inspired by his powerful words, and would love to do something to make some difference in the lives of the underprivileged in society.

It was indeed a privilege for Anubhuti School to have Shree Amte amidst us as our honourable guest.

– *Nayana Jellawar, Class 9*



SHRI BHUJANGRAO BOBADE

It was an unusual Sunday evening on the 25th of November when we were asked to gather in the assembly hall to attend the lecture and presentation of a celebrated archivist and archaeologist, Mr. Bhujangrao Bobade. I waited for the moment perhaps more keenly and expectantly than others as I was going to start the programme by reading out the speaker's profile for introducing him to the audience. Once Mr. Bobade took his position at the podium and started talking about quitting his engineering career and dedicating his life to the study of India's ancient history and cultural heritage, we were increasingly thrilled to know about the wide spectrum of his accomplishments. After his education and training in engineering, he switched over to the humanities and took the degree of M. A. and M. Phil. in history and yet another master's degree in Museum Studies. He has been associated with 12 educational institutions and also serves on the various governmental committees associated with the discovery and propagation of ancient culture. As a prolific writer, he has to his credit 18 books, 63 research papers and 27 articles published in various newspapers. He has also travelled widely to lecture and read his papers on his subject of specialization. We were fascinated to see his extensive collection

of ancient coins, historical documents and manuscripts, several of which have already received national and international recognition. As far as the media is concerned, he is known to have conducted 12 radio programmes, 31 shows, and have participated in 1249 seminars and conferences in India and abroad. His wide collection includes 40,000 books, 15,000 manuscripts, 7,000 historical documents, 4,500 coins (ranging from Mauryan to British period), 4,789 archaeological objects and 22,000 postal stamps of 139 countries. Isn't this gigantic collection mind-boggling? The public support and respect accorded to him in recognition of his enormous contribution to the discovery of Indian cultural heritage can best be illustrated by the fact of the first female IPS officer of Maharashtra giving him the rare gift of her grandfather's medal won in World War I.

Mr. Bobade's mission in life is to use his discoveries for raising people's awareness of our glorious cultural heritage as well as for the intellectual enrichment of society. We were really awestruck to discover the greatness of Indian cultural heritage with his help. His response to a couple of questions put to him further enhanced our appreciation of our glorious past and filled us with a strong sense of national pride.

– *Urvesha Navghare, Class 9*



ENCOUNTERS WITH TWO GREAT PERSONALITIES

Dnyananubhuti is yet another feather in Anubhuti's cap. It is not just our new library building. In fact, this architectural marvel houses a host of other facilities. Respected Ashok Bhau and Mr. Gimi Farhad are credited with translating a dream project of the late Dadaji into actuality. When the newsletter editorial team approached them with some questions, it found them equally enthusiastic in their response.

1. Ashok B. Jain

ET: With the birth of Dnyananubhuti (and Anubhuti Innovation Centre), one of Dadaji's cherished dreams has come true. How did you choose the timing and start work on the project?

AJ: Your Dadaji, our beloved father, Founder of Anubhuti and Jain Irrigation Systems Ltd. (JISL), Padma Shree Dr. Bhavarlal Jain (Bhau) has left us many of his dreams to actualize with vividly detailed guidelines.

Bhau's absolutely unforeseen, untimely and sudden exit was a rude shock to us. Still, feeling his comforting and encouraging presence in everything around us, we started working towards accomplishing those tasks - 'Dnyananubhuti' was one of them. So we needed to manage our resources very astutely. As soon as Anubhuti became ready to shoulder the additional work and expenses we started the project.

The 3 'L's- Land, Library and Laboratory- were the most important things in Bhau's life. Hence it had been his long cherished dream project to start a 'Library Extraordinaire'- a treasure trove of knowledge - 'Dnyananubhuti', and an Innovation Centre - a 'Tinkering Lab'- 'Vidnyananubhuti' to provide the students an

opportunity to explore, create and innovate in all areas of learning.

Under the mature and profound guidance of Bhau's very close friend for over 30 years and our family friend Farhad Gimi, a team of expert and enthusiastic young architects: Vivek Tembhurne, Damodar Jangid created a detailed plan; and expert and experienced civil engineers: Ashish Bhirud and Pankaj Barhate realized it to the minutest detail with matching finesse. Ajit Kale did the beautiful landscaping. Sanjay Bhandari and Sachin Birla procured all the required material. J. V. Rao and Anil Patil very thoughtfully created the "Tinkering Lab" and Vikas Malhara created all the beautiful display material. Farhad Gimi very painstakingly collected all the beautiful and precious artifacts and antique pieces. All of them were supported by their respective efficient and hard-working teams. All in all it was an arduous and perseverant labor of love by all of us; an expression of our earnest gratitude, admiration and affection for our beloved Bhau, your Dadaji.

ET: What were the challenges faced by you after the project started?

AJ: Challenges were many and daunting. Anubhuti had to be ready physically, mentally and financially to take such a huge responsibility and change its routine. For us it was altogether a new experience and it had to be perfect - exactly how Bhau would have liked it to be. That had doubled the pressure of responsibility on me. Vivek created the plan and Damodar gave it a virtual 3D look, thus



making it easy to perceive how every part of the building would actually look after completion.

Even while the construction was on we had innumerable discussions, brainstorming, suggestions, correction and modifications to make the whole building and every part of it most useful, convenient and comfortable for you. For instance when I realized that for examinations students had to walk up to the badminton court in the scorching sun of sweltering summer I wanted the building to accommodate 2 examination halls as well. So we had to modify the plan. We even had to sacrifice 12 ft. of the building's width to save the 2 trees on either side – because nature and environment are our uncompromisable priorities. Thus the building grew organically – room by room, facility by facility and the initially estimated cost and duration of construction went on increasing. For this we had to keep changing the date of the opening ceremony!

All this was happening when we were simultaneously busy accomplishing other massive ambitious projects across the country such as the International Water University, the Spice Plant at Jain Valley, and the ones at Kurnool (A.P.) and Morshi (Maharashtra). It was quite exacting and exhausting.

While excavating for the foundation of the building we came across hard rocks, which were hard to such an extent that even heavy rock breaker machineries could not break them. So the solution was to either break them off with dynamite (which might have affected nearby structures) or modify the design. We picked up a sustainable solution and raised the plinth of the building by 2 ft., and structural

designs were also modified simultaneously.

Initially the proposed plan included, at ground floor – 2 auditoriums of 200 capacities for senior and junior batch each, double height smart and language rooms, and at first floor - separate libraries for seniors and juniors and an E-library. The whole building was planned on a site surrounded with a row of trees along 3 sides and a pathway along front side. Also a separate building was proposed for 2 exam halls and teacher's meeting room, to be built at the back of higher terrace. These different spaces are zoned in such a way that, each of the rows of trees still stands along three sides and merges beautifully with the building and lets the leg room of the auditorium seating be little more spacious.

During a site visit in the first phase of construction we decided to convert one of the two auditoriums into two separate exam halls at two levels. Also planned to extend a slab over double height smart and language rooms and used those extra spaces as 2 separate rooms for teacher's meeting and library, without the need to build a separate building. In this way we, have found out a sustainable solution for every challenge faced during construction and used the space more efficiently.

ET: Please tell us about your concept regarding Dadaji's statue at the entrance of Dnyananubhuti.

AJ: Bhau, like many other subjects, had profound thinking about education – hence he not only created 'Anubhuti' but also wrote a vividly detailed, 'Statement of Purpose' regarding Anubhuti for all of us to adhere to. Therefore, we have highlighted its pages and Bhau's quotations on the walls of 'Dnyananubhuti' – especially in



the Teachers' Meeting Room so that they never lose their focus on 'Anubhuti's objectives.

To constantly inspire the students by Bhau's achievements and his multi-faceted personality we wanted to install his life-size statue at the entrance of 'Dnyananubhuti.' Out of innumerable brilliant aspects of Bhau, we decided to depict his extreme love and respect for education in this statue. Between 2006 and 2008, at the age 70, Bhau had received 4 honorary Doctorates for his outstanding contributions in the fields of agriculture, horticulture, micro-irrigation, tissue-culture, water conservation, empowerment of farmers and social-work, from 4 Universities – namely: a D. Lit (Doctor of Letters) from North Maharashtra University. 3 D.Sc's (Doctor of Science) from Kokan Krishi Vidyapeeth; Maharana Pratap University of Agriculture and Technology- Rajasthan; and Tamil Nadu Agriculture University. For the statue we chose his image at the convocation ceremony receiving the D. Lit at NMU – (recently renamed as Kavayatri Bahinabai Chaudhari North Maharashtra University) because it is directly connected with the region that Bhau chose as the centre of his industrial and social activities.

ET: How did you succeed in persuading so many renowned personalities to attend the inauguration ceremony?

AJ: The inauguration of such a magnificent edifice also had to be equally grand – at the hands of world renowned people – who have made extraordinary contributions to the fields of science, education and humanity at large.

We zeroed in on three such personalities namely, world renowned nuclear scientist,

Padma Vibhushan Shri Anil Kakodkarji, Hon. Justice, Padma Bhushan Shri Chandrashekar Dharmadhikariji and former Chairman and 'Jaipur Foot Pioneer' – Padma Bhushan Dr. Shri D. R. Mehtaji. Getting all of them together at the same time was another challenge! Fortunately, Dharmadhikariji, Kakodkarji and D. R. Mehtaji – as members of GRF's Board of Directors were to come to Jalgaon together to attend GRF's Board meeting on – 9th September 2018. We took this opportunity to request them to also be the chief guests of the 'Grand Opening Ceremony' of 'Dnyananubhuti and Vidnyananubhuti' – which they graciously accepted. It was most appropriate that a profoundly Educated and Knowledgeable personality like Dharmadhikariji inaugurated 'Dnyananubhuti'; world renowned scientist Kakodkarji inaugurated, 'Vidnyananubhuti' and eminently learned humanitarian like D. R. Mehtaji who is also closely associated with both these great personalities graced the occasion as the Guest of Honor.

ET: Would you please share with us the feeling that you had on the day of inauguration?

AJ: I was so keen about perfect execution and the final outcome of all these efforts that I, in spite of my extremely tight schedule, used to take out quality time to supervise each and every minutest detail of the construction, landscaping and interior and exterior beautification of this project. I wanted to make it an aesthetically pleasing monumental edifice that would survive centuries to become a heritage centre. It also had to match the ethos and appearance of Anubhuti with its timeless, classy yet eco-friendly looks. I could achieve almost all of this with the help of all of my devoted associates.



That is why on the grand day of inauguration, I had a great feeling of fulfillment, accomplishment, gratitude, love and respect for my father, the almighty and all those who helped us actualize this dream project of Bhau. I am sure, Bhau must be very happy about it and showering his blessings on all of us.

ET: There is a general perception that the new facility is not being put to its full potential use yet. Any hiccups and hitches?

AJ: The inauguration took place in September. All the facilities were made available to the students and teachers immediately but there had been some practical, technical and operational problems which we all have to solve with cooperation and mutual understanding. For example: We showed a movie in the auditorium before Diwali vacation. But some of the students in the last few rows were found not maintaining the decorum of the place. Hence, further screenings had to be suspended for a while – which have been resumed now. It is your responsibility now to win your teacher's confidence, respect and admiration through

your good conduct, maintaining the sanctity of the place.

Similarly we have to adjust the time-sharing of the facilities like smart room and digital library. We will have to do it with mutual consideration, adjustment, sanity and wisdom. It will happen eventually – it needs some time. Every new thing, normally, has such starting troubles – which get sorted out automatically over a period of time. All of us have to have the sagacity and patience for it.

Let us all remember: “Leave this world better than you found it” – the message that your Dadaji and my father Bhavalalji Jain exemplified through his life and the legacy he left for the organization and future generations:

“Enterprise instead of Money,
Hard work instead of Wealth, and
Responsibility instead of glory.”

So, let us all make good use of all these wonderful facilities to march towards a brighter tomorrow! Here is wishing you all, 'All the very best!'



2. Mr. Gimi Farhad

Editors: What was your basic approach to designing and planning DNYANANUBHUTI? How did you go about starting the work on the project?

Gimi Sir: Bhau or Dada, as you all knew him, always wanted a good library for Anubhuti. He always said that land, library and laboratory were the things that had been the most important in his life. When the school was designed more than 10 years ago, we had earmarked this space for the library and the design, as you see it now, was finalized by Bhau then. It was not so big and perhaps not so grand then, but the requirements of the school have increased since. An auditorium was added, as were two examination halls. The concept of a 'smart room' was not there in those days.

Editors: Is there any particular style of architecture that you followed for this new facility?

Gimi Sir: The style of the structure had to match the rest of the school. So, most of the materials used are the same. The architectural style is vernacular and best suited to our climate.

Editors: What was your priority while designing this architectural marvel--grand look or comfort for the users inside the building?

Gimi Sir: In any design, meant for a utility, the functional aspects and the comfort should come first. The look is secondary, but not less important.

Editors: If you were to design the same building for another school elsewhere, what extra features would you like to incorporate that you couldn't at Anubhuti?

Gimi Sir: There really was not very much that I could not do here at Anubhuti. I had carte blanche while designing! However, we did have one constraint. That was because, as I have earlier mentioned, our requirements had increased. The ground space was insufficient. A few feet more would have made a lot of difference.

Editors: How did you come in contact with Dadaji? Share with us your fond memories of association with him.

Gimi Sir: I have known Bhau for over 30 years. I had designed an office for my uncle whom Bhau knew. When Bhau saw the gloomy old office he had seen earlier, converted to a bright cheerful one, he asked to meet me. I was preoccupied at that point in time and could not meet him in spite of several reminders from my uncle. One day when I was with uncle, he made me call Bhau in his presence to make an appointment. The rest, as all who had the good fortune to meet him, was that he was such a simple charming person that we got on together immediately. I have many fond memories of him, too many to enumerate here. But the one thing that he left behind for all of us as an example was his love for humanity. His great compassion for all living things and his constant endeavour to alleviate their suffering.



Navratri Celebrations @ Anubhuti

Navratri is the festival of nine nights. On the tenth day we celebrate Dussehra which is also called Vijayadashami. This festival is actually dedicated to the worship of goddess Durga who succeeds in her mission of killing the demon, Mahishasura. This story teaches us that good always defeats evil.

Many devotees of goddess Durga fast for all the nine days during the festival. They chant various mantras and shlokas while worshipping the deity. Apart from the puja and fast, people read the holy scriptures.

A special assembly was held in our school on the occasion of the festival. Students prepared for this assembly under the able guidance of Snehal akka and Umakant Sir. We were given relevant information by our teacher about the significance of the festival, and how it is celebrated in different parts of the country. Navratri is a time of religious reflection and quiet contemplation. We Anubhutians performed garba, a Gujarati folk dance and raas dandiya in the honour of goddess Durga. Garba, basically a religious festival, is also a social and cultural event. We had the event set in the evening in the assembly hall. All the teachers and students were beautifully dressed in colourful

traditional dresses. Performed in the honour of goddess Durga, Dandiya is actually the performance of a mock fight between the goddess and the demon Mahishasura. The first performance was of Raas Dandiya by class five and six students, which was followed by a well-choreographed Garba, performed by class ninth, tenth, eleventh and twelfth girls. Later on, starting with a slow tempo, the energy level of participants gradually increased—ending with the fast beat and tempo of the music. With fluid movements and hands clapping in unison, bodies gracefully swayed to the music, arms coming together in beautiful sweeping gestures. Did you ever wonder why the Garba and Dandiya are performed in a circle? This is because the circle stands for the Hindu view of time. Life progresses from birth and childhood to adulthood, old age and death, and again to rebirth. However, the only thing that remains constant is the divine power; in this case, the goddess Durga.

The evening was joyfully spent by all of us. After the dances, we all headed for the dining hall where we were served delicious food by dadas.

—Amar Jinwala, Class 6



Mandana Workshop

From 13 to 16 October our school organized a Mandana workshop for all the students studying Art as an elective subject. It was conducted by Mr. Lakhichand Jain, one of the greatest exponents of Mandana painting in contemporary India. Mandana is basically a folk art of painting from Rajasthan, which is used to do paintings on the walls and floors of a house. This is quite similar to Mandala painting of Nepal. The two colours used in Mandana are geru (reddish brown) and white. Mandana painting is considered to be most environmentally friendly as usually lime or chalk powder is used for making the motif. Tools employed are a piece of cotton, a tuft of hair, or a rudimentary brush made out of a date stick.

On the very first day of the workshop, Mr. Jain told us about his contribution to the promotion of this art form and gave us a lot of information about the various features of Mandana. We enjoyed listening to the facts and stories related to this art form which was not known to us before.

The second day started with much more energy and enthusiasm as we were given our tools with

which all of us could draw up our minds. Initially, we were a bit dazed by how Mr. Jain drew with such comfortable strokes without even using a pencil and an eraser. It was difficult for us to draw directly with paint brushes on our respective cardboard sheets but Jain Sir kept guiding and encouraging us with his knowledge and confidence throughout.

The last two days were not as easy as we had imagined. We had to create our own Mandana on a huge canvas which was a tough task to perform, but we did not give up and tried to give our best. The result was that our work was duly admired.

We were asked to conduct the Saturday assembly to share with our schoolmates the knowledge and experience we had gained during the workshop. Aarushi didi and Shubhi didi of 11th grade gave a live demonstration of Mandana painting, which was praised by all. With this ended our workshop, which helped us develop passion and dedication to our chosen field of art. Our hard work had paid rich dividends.

– *Rashi Gurjar and Shrawani Marawar, Class 9*



Astronomy Day

A special assembly was held to observe Astronomy Day on the 6th of October. The presentations were not only interesting but also highly informative and educative on the subject. The 11th class students started the assembly by telling us about the stars. The programme taught us about stars, constellations, eclipses and our celestial neighbour, the moon. We also came to know about the mythological stories associated with the great constellations. We were introduced to a software application called Stellarium. It helps us know

about the timings of the eclipses, full moon, new moon, etc. It also helps us navigate stars, constellations and other heavenly bodies. The class 5th and 6th students made constellations and gave information about the stars present in them. The class 9th students handled most of the activities on the day. The 7th graders explained the working of a telescope. Overall, the assembly was a huge hit and we would like to thank Parmar sir for helping us prepare for this memorable assembly.

– **Aryan Modi**, Class 9

A Visit of Photographer to Anubhuti

Every picture has a story to tell, if only we care to look at it keenly. We can decode the story narrated to us through a simple photograph. Kunal Choudhary, one of the most talented photographers of modern India conducted an interactive session with the students of Anubhuti on 20 October. Being a professional photographer, he shared the experiences and struggles that he faced throughout his professional journey. He showed us some of the pictures clicked by him, which were selected by Google. Moreover, he also told us why he chose photography as a career when there were so many other options for him to choose from.

In the comfy air-conditioned atmosphere of our new auditorium he lectured, showing and telling us about the different types of cameras and their evolution since the invention of the first camera in 1816.

Mr. Kunal Choudhary worked as a photojournalist in the media for quite a while and one of his



photographs was printed on the front page of a popular magazines and newspapers. He told us how a simple and a sober picture can change the mindset of our society and the world at large.

The interactive session was both informative and interesting. It was highly enlightening particularly for those who have the passion for photography and are planning to pursue it as a career.

– **Deepshikha Katre**, Class 11



A Musical Weekend Evening

On the 7th of October (Sunday), we all gathered in the assembly hall for our weekend evening activity based on songs and instrumental music. It was organized by class 11 students under the guidance of our music teacher, Nikhil sir. The programme started with a prayer song followed by a highly informative and enlightening video that focused on both ancient and modern types of musical instruments used across the globe. We were mesmerized to see such a wide variety of instruments that were displayed. The instruments which fascinated us the most were the ones which were made out of vegetables. The vegetables were cut in such a way that they produced various types of musical sounds. After using those instruments to create music, the band served vegetable soup to their fans sitting in the audience, which amused us a lot. After the music videos, class 8 students played a melodious tune on their flute. Ishaan from class 8 played a beautiful song on his guitar. Later, students from different classes made their way to the mic one after another and sang their favourite song they had prepared for the evening. A little later, the organizing team of grade 11 held a lyrical game for all. Some teachers pitched in and performed on students' demands. At the end of the activity, we all felt refreshed while walking towards the dining hall for dinner.

– **Parth Gautam, Class 8**

A Profession of My Choice

People imagine that the life of a doctor is a bed of roses; after all, what do doctors really do?

They keep patients waiting, make cursory checks, give the diseases a long name, and charge enormous consultation fees while they themselves live in a splendid bungalow, drive classy cars and wear expensive clothes. But as we all know that appearances are invariably deceptive. The doctor's life is more often than not a bed of thorns. No fixed working hours, they seldom enjoys uninterrupted rest, leisure or sleep.

A doctor helps in reducing human suffering; he is an expert medical man. I should consider myself very fortunate if I become a doctor as I have already set my heart on the doctor's profession. The medical profession is lucrative and it also provides ample opportunities to serve the people. As a doctor I will definitely make money, since money is essential for a decent lifestyle, but the need to make money will not turn me away from my responsibility towards the poor and the suffering. I will welcome every chance to reduce the misery of the poor. I would thus have the satisfaction of repaying, in a small measure, the debts I owe to society. It is rightly said: 'Service to man is service to God'.

– **Gauri Kela, Class 10**



A TRIP TO DREAM DESTINATION – SINGAPORE

It was a real surprise from my father: we were going on a trip to Singapore. We were thrilled at the prospect of a cherished dream being fulfilled. I was so excited as it was my first overseas trip.

After a long journey from Jalgaon to Mumbai and from Mumbai to Singapore, finally it was time to keep our feet on the soil of Singapore. As we drove along, the ineffable beauty of the place made me nuts about it. There was greenery all around. The buildings and civic infrastructure of Singapore are just mind-blowing and fabulous.

Firstly, we had a night safari. They take you for a 'Tram Ride' and you see a variety of creatures and their beautifully created habitats. It's just amazing to move your eyes in a scary atmosphere.

Next day, we had an aerial panoramic city drive in the flyer –Asia's largest giant wheel! How fascinating it was to be at a highest of 164 meters and explore the captivating beauty of Singapore! Then we went to the world famous Sentosa Island. The 'Luge and Sky ride' at Sentosa is so delightful and stunning that you will surely go for it one more time. The sculpture of a lion for which Singapore is known as Lion City adds one more feather in this city nation's cap. Further, we went to S.E.A. Aquarium. It is home to more than 1,00,000 marine animals of over 1,000 species. The magnificent

creation and its dazzling beauty will surely be your memorable marine life experience.

Next, we visited the most attractive place The Universal Studio. The words and sentences are not enough to describe the heart-touching spectacle at the studio. It is a theme park boasting rides, shows and a lot more attractions. You totally go crazy with these bumpy, scary and daring rides. 'The Transformers' ride was my favourite one, not to forget all the 4D shows. The Water World is equally an unbelievable experience.

Our last place was 'Gardens by the Bay'. This is something beyond imagination and remarkable. It is a huge, colourful, futuristic park which offers an

impressive skywalk over the garden, hundreds of trees and plants to discover, making it great fun for people of all ages.

I strongly feel that one must visit Singapore at least once in one's lifetime. The beauty in the atmosphere is something divine and undefinable. You feel as if you are somewhere in a different world; everything seems so splendid and animated, as I would like to call it. Hope you will get the chance to visit this earthly paradise sooner or later!

– *Shruti Mandore, Class 11*



NEWS FLASH

- Grade 12 students visited fru2go, valley spice, and onion dehydration plant on the 25th of Nov.
- AIC activities have caught the imagination of all students. They get the opportunity to show their innovative skills during that long period.
- On 28 October Art students showed their creativity through beautiful Diwali lamps made by them under the guidance of their Art teacher.
- On 4 November at 11:30 am All India Radio Jalgaon centre broadcasted a programme of songs and skits presented by Anubhuti students.
- Mr. Anant Talaulicar, the chairman and the managing director of Cummins India, interacted with the students of grade 11 and 12.
- Mrs. Neelam Samdani conducted a highly fruitful interaction session with Anubhuti teachers.
- The results of the inter house basketball competition:

SENIOR GIRLS – 1st Pearl, 2nd Topaz

SENIOR BOYS – 1st Diamond, 2nd Topaz

JUNIOR BOYS – 1st Topaz, 2nd Amber

- The results of the various competitions held during November are as follows:

1st Diamond= 132

2nd Pearl=124

3rd Amber=116

4th Topaz=111



Santa Claus's arrival eagerly awaited @ Anubhuti



A MONTH AT ANUBHUTI



Gandhi Jayanti Celebrations



Young Innovators at their creative best



Class 12 sniffing spices with safety



Young Astronomers being Groomed



A Harvard academic @ AIC



Professor Anant Talaulicar inspiring Anubhuthians



Teachers' turn to be trained: by Mrs. Neelam Samdani



From Editorial Team

It gives the whole editorial team great pleasure to put in your hands the new avatar of Anubhuti School newsletter, now rechristened Sandeshanubhuti. We considered dozens of names before deciding on this unique and novel name that blends two beautiful words of the Sanskrit language. We chose the word 'Sandesh' as it primarily means news (also message). We are especially grateful to respected Shree Ashok Bhau for giving his kind approval after he took great pains to weigh all the options put up before him.

Seeing Challenges as Opportunities

We don't know why but sometimes we all suddenly feel low and find ourselves in a state of boredom, monotony and disinterest. We feel fatigued, irritable, demotivated, and thus lose our zest for life. The hardest part is not being able to figure out how to find the way out of it all. A class project seems so monstrous that we shudder at the very thought of the time and energy required to finish it and meet the deadline. However, no matter how difficult and challenging the task appears, it begins to look manageable once we make a beginning by breaking it down into smaller steps. We realize before long that it was just a matter of switching our mindset with something more positive and optimistic.

Are you one of those who love challenges or one of those who loathe them? We must admit that we habitually hate and shun them. One fine day, on one of those Friday mornings, your name is called out at Anubhuti Speaks, and you begin to shiver, stagger and limp towards the podium. You find yourself struggling not to drown into a pool of nervousness and anxiety. That is the moment to watch and face yourself—without escaping from yourself, without resisting your nervousness—just watch your breath, try taking a long breath, look at the stream of thoughts running across your mind and gather yourself. Gradually you observe that the built-up tension and stiffness have begun to thaw and melt away.

Exposing your psychological and emotional weakness to the glare of self-awareness is the only key to unlock the reservoir of your limitless inner strength. Introspect, do some soul-searching and ask yourself if you were really willing to strive and persevere for them. This self-discovery is such a blessing. We may not see its beauty at first, but with a tiny little shift in our attitude, we can see that life has handed us an incredible opportunity to grow and become more mature.

Patience and perseverance will play a pivotal role to ensure your success!



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